

### International Newsletter

Dear Students,

Spring is here with sunshine and flowers, and the Spring Break and Easter celebrations are coming soon.

In this April issue of our newsletters, we collected several interesting news and opportunities to you, not to mention a whole section regarding Hungarian Easter traditions and programmes.

If you would like to have a taste of Hungarian culture, try out some Easter food, go to our famous Easter sites, and you can even experience the sprinkling tradition.

#### **NEWS**



# Help the Ukrainian refugees

You can find all info how you can help in the Ukrainian crisis via ELTE or other organizations.



## Lessons for Ukrainian children at ELTE

ELTE's Faculty of Humanities has organised the country's first afternoon school for refugee children.



Students at Risk -



Horizon Europe: a new

## programme for students fleeing from Ukraine

The Government of Hungary supports students who are citizens of a SH partner country fleeing from Ukraine.



## If you need help turn to...

Coaching, study assistance, counselling, psychologist - our HELP programme offers various options if you need help with personal issues.



### Lecture and seminar by Prof. Robert Eaglestone

The Professor of University of London is having the sessions on his current research and book.

## initiative for Young Observers in evaluations

Youth 2022 initiative invites master level students to participate in the evaluations of proposals under Horizon Europe, the EU's research and innovation funding programme.



# Scholarships to Slovakia 2022/23

Slovakia is launching a new call for applications for academic, research, art and lecture scholarships.



### Laughter is more than physical exercise, found by ELTE research

Already half an hour of controlled laughter equates to some light exercise and improves well-being.



### **Day of Hungarian poetry**

Every year on 11 April, Hungarians celebrate the Day of Hungarian poetry. The former British ambassador recited a poem for the occassion.



# Spring schedule of ELTE sport trainings

Various kinds of trainings at ELTE BEAC until mid-May. It is not late to join now. Get fit with ELTE BEAC, Knock out your university stress at the trainings.



# **English language tours** in the Opera House

Go behind the scenes at the recently reopened Opera House, and fly back to Hungary's golden imperial past.



# Application is open for our programmes

From 1st February, you can apply for our preparatory, BA, MA, and PhD programmes.



## 1,400 ys old mystery of avars solved

A multidisciplinary research team studied the first ancient genomes from the most important Avar elite sites discovered in contemporary Hungary.



### Bartók Spring Festival Budapest

Budapest celebrates arts and culture with the Bartók Spring Festival. Various famous artists and orchestras will perform. Check the programme.

### INTERCULTURAL TRAINING



3 connected training events designed for international students.

Meet other students, share your experience, learn how to cope with stress and difficulties of living abroad.

Workshop 3: 29/4/2022

I would like to participate

#### **COACHING**



"I am thankful for all the sessions, I personally changed a lot in my communication skills, my strengths and plannings."

"It helps me personally to set clearer goals and how not to lose the track when we have a plan to complete things."



Join our individual or group coaching sessions with our kind coach, Ms Bori Nagy. Coaching can help you

- -clarify your blocks
- -express your strengths and values
- -set up a goal
- -find your own ways, solutions
- -cope with stressful situations
- -develop your time management

I am interested

### **USEFUL INFORMATION, CALENDAR**

Do not forget the most important deadlines of the following period. For the details, visit the <u>Academic calendar</u> on the Faculty website.

- Thesis submission
- Spring Break

#### **EASTER IN HUNGARY**



Easter (Húsvét) is one of the most significant holidays Hungary. in Check this short video about traditional а Hungarian celebration on Easter Monday. The place is called Hollókő, and it is UNESCO World Heritage site.



Get some info about the Hungarian traditions during Easter time.

What brings the Easter Bunny? What are the typical meals? Why are the boys pour a bucket of water on girls? What is himes tojás?

#### **PROGRAMMES AT EASTER**

There are several programmes around the country during Easter time. Check this collection for details.

- Liturgy at St Stephen's Basilica during the Holy Week
- Hollókő Easter Festival traditional Hungarian market, celebrations
- Easter in Budapest
- Egg hunt in Budapest
- Bartók Spring International Arts Weeks
- Fővám tér Great Market Hall: buy Easter food and decorations
- Traditional Easter celebration in Szentendre Skanzen (near Budapest)

Happy Spring Break, happy Easter. Please take care of yourself and others too. If you have any feedbacks, concerns, contact us.

#### **Department of International Affairs**









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